

CALL FOR PARTICIPANTS



COMMUNITY BUILDING

France

18th to 25th of November 2024

The project

COMMUNITY CULTURE

The program 'Community Culture' is an introduction into building strong and purposeful communities. It is designed for anyone, who is leading, supporting or being a part of community and needs an insight into how to use Organizational Culture and the role of Community Builder for creating stronger communities that are connected through common values, practices and rituals.

Participants will:

- Learn about Organizational Culture;
- Learn about the role and skills of Community Builder;
- Learn how to use Community Map for designing Community Culture;
- Learn about the tools of Community Builder and how to use them;
- Learn how to use the power of rituals for building strong communities;
- Create a plan of how to use and disseminate the knowledge in their own communities.



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The program

	Day 1 <i>Arrival</i>	Day 2 <i>Getting started</i>	Day 3 <i>Intro into Community building through Organizational Culture</i>	Day 4 <i>The Skills of Community Builder</i>	Day 5 <i>The Tools of Community Builder</i>	Day 6 <i>The Rituals that bring a Community together</i>	Day 7 <i>Full circle</i>	Day 8 <i>Departure</i>
AM		Getting to know each other Erasmus + programs	What is Organizational Culture? Who is a Community Builder?	Skills of Community Builder Testing your Skills: The self-assessment tool	Which tools are in Community Builder's Toolbox? Part I & II	The power of rituals Finding the right rituals for our Communities	Recap & overview of tools & practices to use in community work Disseminating the knowledge	Departure
PM	Arrival Welcome	What is a community? Getting to know our communities	Building your Community Culture Testing the tools: Community Map	Free afternoon	Finding the tools for your Community Testing the tools	Designing the rituals Testing the tools: Designing our ritual	Push Forward: finding the motivation for using the knowledge & tools in practice Closing ritual	



The Team

The trainers:



Sonja Čandek, from Slovenia, is social pedagogue, passionate trainer with focus on Learning to Learn, Creativity and processes “From idea to realisation”. Nowadays she is an active ambassador of Compassion.

She loves teamwork, developing ideas into projects and contributing towards a better life. She loves multicultural and creative environments and is always full of pedagogical optimism.



Uršula Butkovič, from Slovenia, is an experienced consultant, coach and mentor. Her professional focus is on finding dormant development opportunities in teams, organisations and individuals and supporting them on the path to their activation.

She focuses on experimenting with different approaches, methods and concepts to find the best solutions to the pressing challenges she helps teams to solve. She believes in people and humanity and our ability to always find a way forward.



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The logistics coordinator



Pauline Roudet is French, from Bordeaux.

She fell in love with the Erasmus + environment during a long-term volunteering in Slovenia for a year!

Then she moved to Pau (1 hour from Issor) and discovered Erasmus + training thanks to the Association La Villa.

She is in charge of the logistics of this magnificent project and she will do her best to make sure everything goes as well as possible

The chef



He is born and raised in Belgium from an Italian immigrated family. After his graduation, he worked in the family restaurant for several years. At 25 he decided to leave Belgium for an Erasmus long term volunteering in Italy for one year. He finally stayed 3 more years. He's now living in Spain where with his family they started a permaculture project in an abandoned olive tree farm. His future project in the farm is, apart from food autonomy and permaculture, to create an association and to give a chance to youngsters from anywhere to join them.



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Participating countries and number of place per country

Country	Number of participants
France	3
Spain	3
Slovenia	3
Belgium	3
Czech Republic	2
Slovakia	2
Italy	2
Romania	2
Macedonia	2
Poland	2
Portugal	2



Participants Profile

The training course will take place in **Issor, France**, from the **18th to 25th of November 2024** and it will bring together a group of **26 young people from 11 partner countries**. The project is targeting youth workers, trainers, coordinators and facilitators from all fields of non-formal education who are motivated to learn about Community Building.

We are looking for youth workers/youth leaders who are **over the age of 18** with a good level of English, who will be willing and committed to participate actively in ALL sessions (about 8 hours a day):

- All participants **HAVE TO BE OVER 18 YEARS OLD** and **HAVE RESIDENCY IN THE SENDING COUNTRY**.
- We encourage gender diversity.
- All participants should speak and understand English.
- Participants should already be involved in youth work or be motivated to get involved with it.
- Participants who engage themselves in making follow-up activities.



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What we offer

Thanks to the financial support of the Erasmus+ Programme, we offer the following conditions:

- Food and accommodation during the training course will be provided
- Travel costs will be reimbursed up to an agreed limit depending on the sending country:

France, Spain	Other EU countries
180 EUR	275 EUR

The venue : Issor (France)

The Training Course will take place in Issor, a small mountain village situated in the south-west part of France. Our venue, le gîte le Larrayou, is located in a quiet valley of the Pyrenees, close to the spanish border:

<https://goo.gl/maps/Z7F5rSZZSdrbMpjH8> <https://www.grandsgites.com/gite-64-larrayou-3788.htm>

There is nature everywhere around! The river pass near by! There is a football pitch and a “pétanque” pitch (French game) in front of the gîte.



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Living

- Participants will be accommodated in dorm style rooms of **4 to 6-beds** (bunk beds). Rooms are simple and without any luxury.
- Bathrooms are shared.
- Water from the tap is drinkable.
- Bed linen will be provided, but please bring a towel!
- The accommodation is a non-smoking environment, so you have to go outdoors to smoke.
- There is one small shop in walking distance (but be aware that it will be closed on Sundays)
- Unfortunately, it is not possible to wash your clothes in the hostel.

Eating:

Meals will be prepared by our chef Raphaël and his assistant, who are used to cook for Erasmus + training Courses, and served at the accommodation, starting with dinner on the 18th of November. On the 25th of November, breakfast is included as well.

VEGETARIAN and delicious : During breakfast, you can choose what you want to eat from a buffet (salty and sweet food). Lunch and dinner will be with a salad bar and a common dish according to everyone's dietary needs including vegan, lactose and gluten free.

Bring a food item from your village, city, family, community, region, or country to share with the others during the intercultural night!



Arrival and departure

The arrival day is **Monday, 18 of November 2024** and the departure day, **Monday, 25 of November 2024**. All participants must arrive on the arrival day to the venue.

We can only reimburse tickets dated on or before the arrival date and on or after the departure date. If you arrive later than the arrival date or leave earlier than the departure date, we will not be able to reimburse you the tickets on these dates.

Practicalities

Health insurance:

It is mandatory to have a valid travel and medical insurance (European Health Insurance Card) during your travel. The host organisation will not cover any personal health insurance for participants. Participants have to be aware that obtaining health insurance is their own responsibility.



How to get there

It is time to arrange your travels! What do you need to have in mind, when looking for tickets?

In any case, you will need to get to the city of Pau. From there you have to catch the train to the village of Lurbe-Saint-Christau (6km away from Issor). From Lurbe-Saint-Christau train station, we will come and pick you up.

Get to Pau

By bus or train

There are train connections to Pau, for example with the TGV from Paris, Bordeaux or Toulouse. There is also a night train from Paris to Pau, with which you can travel comfortable over night.

Check the best prices and all the options on Rome2rio website.

Usually the cheapest buses are the Flixbus, Ouibus or Blablabus ones but you can find cheap Eurolines buses as well.

Airports are situated in Pau, Tarbes/Lourdes, Biarritz, Toulouse, Bordeaux, or San-Sebastian.

There are cheap flights from all over Europe to these airports. Check Ryanair, Volotea, Easyjet but you can also look other website like Skyscanner, Momondo, Opodo, Kayak or Expedia.



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Travel tips and reimbursement conditions

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on economy class tickets and plan the cheapest route possible to the project venue and back home.
- If possible, travel together with participant from your country (come with the same plane, bus, train which will make our and your organization much easier).
- If the travel costs exceed the amounts specified above, you will have to pay the difference.
- Taxi rides can only be refunded in special situations if there are no other means of transportation available.
- Please note that car travel is not refundable.
- If you have any doubt about your travelling plans, please contact the coordinator before booking tickets.

Failure to participating in a minimum of 80% of the content sessions or inappropriate behaviour might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

Reimbursement will be done by bank transfer after your arrival home, and after you upload all the original travel documents and the proof of their purchase (tickets, boarding passes, invoices, receipts, bank statement etc.) in the dedicated Google Drive folder that will be created for the project. So please keep ALL the travel documents. In order to reimburse you, we will also need you to fill in the EU Survey that participants will receive on their email the last day of the mobility, and implement follow-up activities that will consist of organising workshop(s) and online dissemination(s).



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WHAT TO BRING

- Food item from your place to share with others during the coffee breaks
- Toiletries
- Warm clothes
- Earplugs (if you are sensitive to snoring)
- Insurance card, passport
- Games to play in the evening, musical instruments if you like

How to apply

Please fill in the application form:

https://docs.google.com/forms/d/e/1FAIpQLSdXTPskbsZutimWdIIF8_LSKYwO6EPc6xPUccUCwOqYlCCnZQ/viewform?usp=pp_url

Deadline for applications is: **14 of October 2024**

For any questions related to the application, please contact us at

logistics.lavilla.association@gmail.com

More infos about the host organisation at <https://la-villa.org/>

<https://www.facebook.com/profile.php?id=61553091286437>



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